

AIDex Australia Newsletter Dec 2025.

Merry Christmas to you all. we hope each of you have a wonderful and blessed time as remembering the amazing birth, life and sacrifice Jesus has given for us. Thanks to all of you who have supported our AIDex ministry through finances and prayers.

POLYCARP

Young Polycarp, the now 13-year-old with a benign tumour called Neurofibroma, a malformation on his face that's been pressing on his brain. The issues happened at birth, but its been growing bigger closing his eye and ear. Its been caused by abnormal connections between the arteries and veins. It requires a multi-disciplinary medical team of specialists, and we were able to find a team in Nairobi who were willing to help Polycarp, praise God. Because of your help, we have paid his medical fee's & transport, accommodation costs etc. In Sept he had the first of many operations to come. Before his surgery, he had a process called embolization. His first operation as I understand, was to fix his arteries and veins. He & his father have been travelling to and from Nairobi, some 12 hrs by bus. I've attached a picture of this wonderful young boy, a happy boy despite his conditions, post-surgery. You'll note by the pic that we have a long road ahead, a long commitment to helping him both medically and educationally. If you'd like to support his further medical interventions, you can do that either directly into our AIDex account (details below) or via a go fund me page at this link. <https://www.gofundme.com/f/help-polycarp-get-life-changing-surgery>



Polycarp

Its tax deductible and I'm grateful to our daughter Danielle creating this page.

MEDICAL CAMP

Dr Kenny came with me in July and operated on 92 patients for free. People with lipoma's, keloids, cysts, olecranon bursectomies, hernias etc. from around the communities where we minister. Having Dr Kenny volunteer at his own cost, year after year, to help the sick in these vulnerable communities is an absolute blessing and truly amazing. We are so grateful to him. These people are so grateful, many putting up with these lumps for years because they don't have the money to travel and pay for their removal. Pictures below of the med camp. We also support those we sponsor, when they get sick, contributing towards their medications via a local pharmacy.



The medical team supporting the med camp Sioport Hospital



WIDOWS VISIT

We were able to meet with the widows we support (25). This year we not only gave out 2nd hand donated goods to them from Australia but also gave them each a food hamper. Picture right.



Meeting with Widows



SCHOOL VISITS

I travelled with some of our Kenyan team to the many schools (70) to visits and meet with the vulnerable children we support through their schooling (1300). A few graduated recently and it's truly a blessing to have followed and supported them from class 1 to graduating with a degree. Sarah graduated with a Bachelor of Education. Regularly I've found her volunteering at Samia girls secondary, in their library. Cathy, just graduated with honours in actuarial science. Cathy while obviously



very intelligent, is a very hands on caring, hardworking person who comes and helps with mission our trips. Currently she is part of our Kenyan team. Cathy wrote a lovely letter after her graduation. *Dear AIDEX, I am writing to express my deepest gratitude for the incredible support you have extended to me. As I reflect on my journey, I am filled with so much appreciation. I know without a doubt that God placed you in my life at the perfect time when I needed guidance, support, and hope. It is with great joy that I share my graduation milestone with you. This achievement is not mine alone; it is the result of God's grace and the incredible*

support you have shown me throughout the years. Your sponsorship has been more than financial help. It has been a divine blessing, a clear sign of God's love and provision. Through your kindness, God opened doors that once seemed impossible. You believed in me even in moments when I doubted myself, and that belief became a source of strength that carried me through challenging times. As I celebrate this accomplishment, I want you to know that you are a big part of it. Your generosity, prayers, and encouragement helped shape the person I am becoming. I am deeply grateful for everything you have done for me. I pray that God continues to bless you abundantly. May He reward you richly for the seed you planted in my life. May His goodness overflow in your families, your work, and everything you do. Thank you for being God's vessel and for transforming my life in such a profound way. I will forever remain grateful. Warm regards, Catherine Nekesa



Cathy at her graduation



Lolly pop time



Sarah at her Graduation

CAROLINE Unfortunately we received sad news that Caroline, who we had been helping medically, passed away. Our thoughts are with her family and we ask you to keep her family in your prayers.

2026 MISSIONS TRIP I'm grateful to Joshua, our youngest child (20) who is organising the 2026 missions' trip. I believe Nick (Olivia's husband), Dr Kenny and some others are planning to go with him. I'm grateful to our children for their commitment to keep supporting the vulnerable and poor in Kenya. Gods' blessings Russell & Dianne Marke

All donations are tax deductible. Our bank account [AIDex Australia Inc. BSB 033254 ACC 687763](#)

We have a website for your perusal. We try and keep it up to date with the latest news as it comes to us. The link is <https://aidexaustralia.org.au> We also have a blog of our recent missions trips. See it at <https://heart4africa.tumblr.com> Please let me know if you don't want to get these newsletters.